



# Black-Eyed Pea Hummus

## Ingredients

- 1 can black-eyed peas, drained & rinsed
- 1 garlic clove, chopped
- 2 tbsp. olive oil
- 1.5 tbsp. lemon juice
- 1.5 tbsp. vinegar
- ½ tsp. ground cumin
- ½ tsp. smoked paprika
- salt and pepper



Flip for step-by-step  
instructions



## Instructions

1. Add all ingredients to a blender or food processor.
2. Blend until smooth and enjoy!

Source: Alabama Cooperative Extension System