

## **Press Release**

## For Immediate Release

February 16, 2016

## "Our food is making us stupid, poor and sick!"

With water woes and failing schools, can food fix Detroit?

**February 16, 2016 Detroit, MI** – The Detroit Food Policy Council (DFPC) is announcing its sixth annual food summit, Detroit Food 2016: Food for Change. This year's summit will be held Thursday, March 10 and Friday, March 11, 2016. We are excited to be in a new space for this important community event at The College for Creative Studies in their Benson and Edith Ford Conference Center, a centrally located venue that celebrates the arts and our rich automotive history, at 6400 Cass Ave. Detroit, MI 48202.

The keynote speaker will be Kimberly Seals Allers, a trusted authority on issues relating to mothers of color, author of *The Mocha Manual*™ series of books and founder of www.MochaManual.com, a pregnancy and parenting lifestyle destination and blog for African Americans. She is a leading consultant, commentator and public speaker, and Kimberly's thoughtful and provocative views can be found online with her insightful commentaries on motherhood at the intersection of race, class and culture on the site, which reaches over 2 million people monthly.

The Detroit Food Policy Council was established in 2009 by unanimous approval of the Detroit City Council. The DFPC is an implementation, monitoring and advisory body and consists of twenty-one members. Since 2010, the Detroit Food Policy Council has been charged by the Detroit City Council to produce an annual food summit for the people of the City of Detroit.

We will look at food through several lenses to include food as culture, food as an economic driver and food as a tool for wellness. While we need to explore where we are going, we truly need to review our food past to mine best practices and avoid the systemic disparities that plague our, and many other, urban environments. The topics range from our first foods to post-consumer waste.

The attendees of food summits range from policy-makers to concerned citizens; so, we, with great intentionality, design the content so that it appeals to all, whether one's interest is casual or more intensely policy-focused. People will gain valuable network connections, unique insights and fabulous tastes of phenomenal local fare.

## **Detroit Food Policy Council**

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